


Adventist CHIP *Online*

CORONARY HEALTH IMPROVEMENT PROJECT

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What is CHIP?

CHIP, an acronym for Coronary Health Improvement Project, is an affordable, 4-week lifestyle education program with thousands of graduates worldwide. It is sponsored by local, certified leadership, is community based, and has a strong, ongoing support system. CHIP encourages a close working relationship with one's personal physician.

Through dynamic and compelling live and video presentations, CHIP provides tools and strategies for making lifestyle choices that will stick. It delivers information, inspiration and motivation.

CHIP is primarily available to the public in these three forms:

- Live, city-wide programs conducted by Dr. Diehl in person
- Corporate-sponsored video programs offered to employees
- Community-based video programs offered by an increasing number of Seventh-day Adventist Churches across North America

[Read Program Description](#)

About the Adventist CHIP Association

The Adventist CHIP Association is a fellowship of Seventh-day Adventist Churches around North America who, along with other local sponsors, are conducting this unique video-based program in their communities.

Historically, the Seventh-day Adventist Church has been passionately committed to the health and healing of the whole person. In the late 19th Century, John Harvey Kellogg developed the world-famous Battle Creek Sanitarium while his brother, W.K. Kellogg, launched the breakfast cereal industry. Since that time, the Seventh-day Adventist church has created a network of hundreds of hospitals (including Loma Linda University Medical Center in southern California), clinics, and community health education centers that span the globe. Many thousands of people associate their health care with Seventh-day Adventist personnel and institutions.

Dr. Hans Diehl is pleased to support qualifying Seventh-day Adventist churches that provide CHIP as a dynamic, first-class means of bringing scientifically sound lifestyle education and motivation to communities across North America.


The Adventist CHIP Association is a non-profit, grass-roots, volunteer-driven organization that provides materials, leadership training and ongoing support for Seventh-day Adventist Church CHIP Programs.

Our Mission is to provide scientifically sound, community health education programs in the local community that will bring healing to the whole person—body, mind, and soul while creating lasting friendships and stimulating an interest in God's original design for maximum health and wellbeing.

The Association convenes an annual Summit for business, leadership training, fellowship and inspiration.

Contact Us

For further information about the Association and how Video-CHIP can become an important part of your church's community health ministry, contact us at:




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Route 1 Box 4001
Sulphur, OK 73086

Phone Toll Free: 1-866-SDA-CHIP (732-2447)
Fax: 503-257-1016
Email: info@adventistCHIP.org
Website: adventistCHIP.org

Who to Contact:
info@adventistCHIP.org

Locations@adventistCHIP.org - When you have a request for a change or an addition to the Locations Page, i.e. a new program that needs to be listed, program start date, new contact person, phone number or email etc.

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Summit 2005

Featured Speakers and Workshop Presenters

These special people bring a wealth of information and experience to the Summit:



T. Colin Campbell, PhD, has been at the forefront of nutrition research for more than 40 years. His legacy, *The China Study*, is the most comprehensive study of health and nutrition ever conducted. Dr. Campbell is the Jacob Gould Schurman Professor Emeritus of Nutritional Biochemistry at Cornell University and Project Director of the China-Oxford-Cornell Diet and Health Project. The study was the culmination of a 20-year partnership of Cornell University, Oxford University and the Chinese Academy of Preventive Medicine.



Neil Nedley, MD, MPH, is a full-time practicing physician in Internal Medicine with emphasis in Cardiology, Gastroenterology, Preventive Medicine, Mental Health, and the difficult-to-diagnose patient. He is the author of *Depression, the Way Out and Proof Positive*. Dr. Nedley is in high demand as a speaker throughout North America and abroad where his scientific and spiritual presentations have inspired many to embrace new lifestyle habits.



Hans Diehl, DrHSc, MPH, CHIP is founder and Director of Lifestyle Medicine Institute. Dr. Diehl is a world-class speaker and has published in peer review journals. He is also co-author of *Dynamic Living and Health Power* with 1.5 million copies sold in 14 languages. Since its beginning in 1988, CHIP has helped more than 40,000 persons in Canada, India, Australia and the United States.




Don Mackintosh, BSN, MDiv, is Senior Pastor of the 3-Angels Seventh-day Adventist Church, Wichita, KS. He also moderates a health series for 3-ABN and has produced a program called *Health to Him*. Don is an RN and has been certified in Advanced Cardiac Life Support, Trauma Life Support, and Burn Life Support. He has worked in chemical addiction recovery. His passion for soul-winning and health education has changed many lives for the Kingdom.



Vicki Griffin, MPH, MACN, is Health Ministry Director, Michigan Conference, and co-developer and host of the *Lifestyle Matters Health Intervention Series*. As an author and speaker, she has lectured at Cornell University and Loma Linda University Heart Institute on the subject of nutrition, animal protein and its relation to the debilitating diseases of cancer and heart disease.

Don Hall, DrPH, CHES, is Founder of Wellsource, Inc. and has authored several lifestyle change programs including *Eight Weeks to Wellness*, *Fitness for Life*, and *Lifelong Weight Management*. In the past four years he has trained over 2,000 individuals to teach these lifestyle change programs. He also developed

**2005
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*New Beautiful Santa Fe,
New Mexico*
Presented by the
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the Wellsource Corporate Wellness Seminar to help businesses control high health care costs and has conducted these seminars throughout the U.S.




John Kelly, MD, MPH, is the Founder and President of the American College of Lifestyle Medicine as well as a Research Assistant Professor in the Department of Nutrition of the School of Public Health at Loma Linda University. He has conducted a multi-center outcomes analysis of lifestyle centers in the U.S. and is now using randomized studies to investigate the use of therapeutic lifestyle interventions in the treatment and management of metabolic syndrome and related diseases.




Evelyn Cole Kissinger, MS, RD, IBCLC, is a lifestyle consultant, registered dietitian, lactation consultant, and teacher. Her passion is to help people reach and maintain their lifestyle goals for vibrant health. She currently teaches nutrition and wellness at Andrews University and consults with the Seventh-day Adventist Michigan Conference in developing wellness programs for churches.




Vic Lebouthillier works as a business consultant in an international environment in the area of business growth, advanced web communication technology, and legal contract negotiations. He was former CEO of the Alive Publishing Group, the largest health publishing company in North America producing over 150 books a year on health. He pioneered the concept that psychological and emotional health strongly impact all health concerns. Marketing has been his forte and an integral part of his entire career.




Matthew McVane began his extensive experience with print and design as a press operator and quickly transitioned to focus on his passion—design. After teaching himself several major design programs, he honed his skills working for a premier northwest printer for five years. In September 2000, he established MCM Design Studio, which has since grown into a multi-disciplinary company that specializes in print design, multi-media projects, web development, and Internet workflow management.



The Young and the Committed: Eric and Rachel Nelson are in their 4th year of medical school at LLU. Eric is Vice President of Spiritual Affairs for the student body. Rachel will be co-director of the first CHIP program to be conducted at the LLU Church. Greg Steinke is a 4th year medical student at LLU and with his wife, Heather, has conducted a CHIP program at the Calimesa Church while in medical school. He will act as consultant for the LLU Church CHIP program. Tim Arakawa is in the MD/PhD program at LLU and is currently completing his PhD in Physiology. He is a co-founder of Restoration Ministry, is Director of Advent Hope and Vice President of Ministry for the General Youth Congress.



Joel and Allen Nedley, accomplished young violinists, will present fine music for your enjoyment on Friday and Sabbath evenings. These young brothers have been




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performing together for several years and have warmed the hearts of many. Their parents, Dr. Neil and Erica Nedley, have four sons, Joel, Allen, Nathan, and Justin.





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